

“The human heart is the first home of democracy. It is where we embrace our questions. Can we be equitable? Can we be generous? Can we listen with our whole beings, not just our minds, and offer our attention rather than our opinions? And do we have enough resolve in our hearts to act courageously, relentlessly, without giving up?”

Terry Tempest Williams

Everyone needs a refuge. Especially now.
We don't need to review this year's headlines. We see the effects on children and families every day.
Hospitalization rates for suicidal thoughts and attempts among children and adolescents are at historic highs.
For some kids, there is no refuge.

At WestCoast Children's Clinic we offer one.
A safe space with adults who know how to listen.
And give their full attention. Without giving up.

We help children discover who they are.
And who they can become.
We are a critical connection when others are unable.
It's not magic, but it can be transformative.

Last year we supported 1,139 children as they were separated from their families, and helped them navigate their first hours in foster care—when everything is unfamiliar and what lies ahead unknown.

Another 488 children came to our clinic with their families to find new ways to cope, and to see themselves and their possibilities differently.
123 girls who are being sexually exploited are finding their way out, with help from us. 218 young adults gained confidence along with skills so they can live independently.

Our research tells us what's working, what's not, and what gets in the way. It helps us understand how to best support children and families in their time of greatest need. We publish what we learn to raise awareness and provide guidance for practitioners.

We train thousands of social workers, probation officers, parents, relatives, police, and other adults who work with young people to recognize their signs of distress and get them help.

Ultimately, we translate our research into action to ensure that kids have access to the mental health care they need so they can grow up free to realize their potential.

Together we ask: Can we be equitable? Can we be generous?

Yes.

Do we have enough resolve in our hearts to act courageously, relentlessly, without giving up?

Unequivocally, yes.

Join us.





WestCoast Children's Clinic

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